




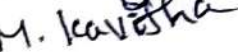


PRR & VS GOVERNMENT DEGREE COLLEGE
VIDAVALUR, SPSR NELLORE – Dist., A.P.

WOMEN EMPOWERMENT CELL

As per the proceedings of the Principal PRR & VS Govt. College, Vidavalur, the following committee is constituted to look after the various important activities of Women Empowerment Cell for the academic year 2022-23.

Women Empowerment Cell Committee 2022-23

- | | | |
|---|-------------|---|
| 1. Dr.B.Sujatha, Principal | - President |  |
| 2. Smt.P.Priyanka, Lecturer in Political Science | - Convener |  |
| 3. Dr.G.VaraLakshmi, Lecturer in Statistics | - Member | |
| 4. Dr.G.PadmaPriya, Lecturer in Telugu | - Member |  |
| 5. Smt.V.Sarvani, Lecturer in Computer Applications | - Member |  |
| 6. Smt.Anuradha, UDC | -Member | |
| 7. N. Kavya – II B.Com, Student | -Member |  |
| 8. M.Kavitha - II B.A, Student | -Member |  |


Signature of the Principal

PRINCIPAL

PRR. & VS Govt. Degree College

VIDAVALUR- 524 318.

Sri Potti Srfaramulla, Nellore Dt.

PRR & VS GOVERNMENT DEGREE COLLEGE
VIDAVALUR, SPSR NELLORE – Dist., A.P.

WOMEN EMPOWERMENT CELL

ACTION PLAN 2022-23

Women Empowerment Cell is planning to organize various programs with a motive to educate girl students on women health issues and gender quality.


Women Empowerment Cell Activities planned:

1. To conduct Awareness programs on health issues.
2. To celebrate International Day for the Elimination of Violence Against Women.
3. To celebrate International Women's Day
4. To celebrate National Girl Child Day.
5. To celebrate festivals.
6. To train students on Yoga.

P. P. Sri

P. P. Sri

*


Signature of the Principal
PRINCIPAL
PRR. & VS Govt. Degree College
VIDAVALUR, SPSR NELLORE
Sri Potti Sri

PRR & VS GOVERNMENT DEGREE COLLEGE

VIDAVALUR, SPSR NELLORE – Dist., A.P.

(Re-Accredited with B+ Grade by NAAC)



WOMEN EMPOWERMENT CELL ACTIVITIES

2022–2023



International Girl Child Day

CIRCULAR - 150

24.01.2022

On 24 January 2022 International Girl^{child} day is celebrated by WEC in our college. All the women staff and women students are invited to attend a meeting on Digital skills room at 2.30 pm in Digital Room without fail.

WEC CO-Ordinator

P. Prabhakar

Principal

Members of WEC

1. P. PRIYANKA - P. Prabhakar

2. Dr. G. Padma Priya - G. Prabhakar

3. Sarwani - Lecturer in computers

4. Dr. Varalakshmi - Lect. in Stats

5. M. Anuradha - Senior Asst.

[Signature]

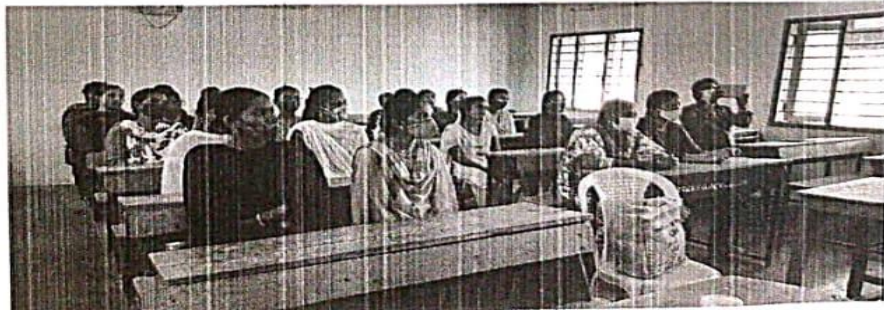
Report

ಪಾಲ್ಕೆ ವಿಜ್ಞಾನ

1. G. Gowthami
2. Ch. Anusha
3. S. Amulya
4. G. Sumalatha
5. Ch. Sreedevi
6. B. Divya
7. M. Siva Prasad
8. D. Manjesh Babu
9. P. Vanaja
10. N. Kavya
11. V. Bahavan
12. T. Jeevitha
13. P. HEMA
14. B. Swapna
15. N. Ramu

16. K. Narendra
17. A. Lakshmi
18. D. Kalyan Krishna
19. M. Menukha
20. GCS. Satya Narayana
21. V. Renuga
22. K. Rakesh

B. S.
Principal.



Girl child day



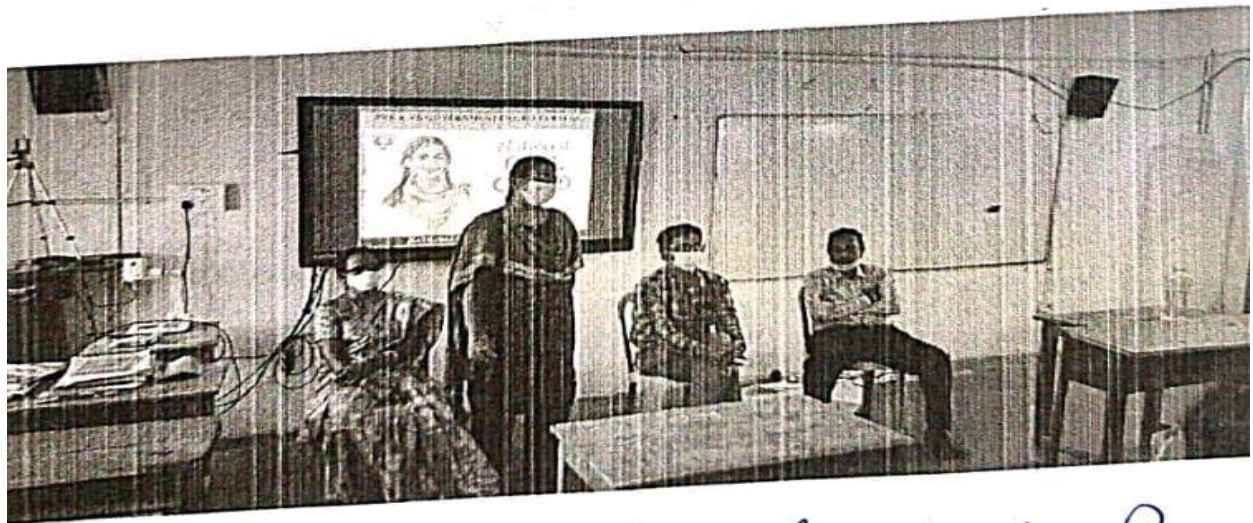
బాలికల సంరక్షణ, వారి అభివృద్ధి సహజ ప్రయోజనం
పై సో ప్రెసిడెంట్ Dr. మధు నాథు.



బాలికల సంరక్షణ సహజ ప్రయోజనం
పై సో ప్రెసిడెంట్ పి.వి.వి.వి.

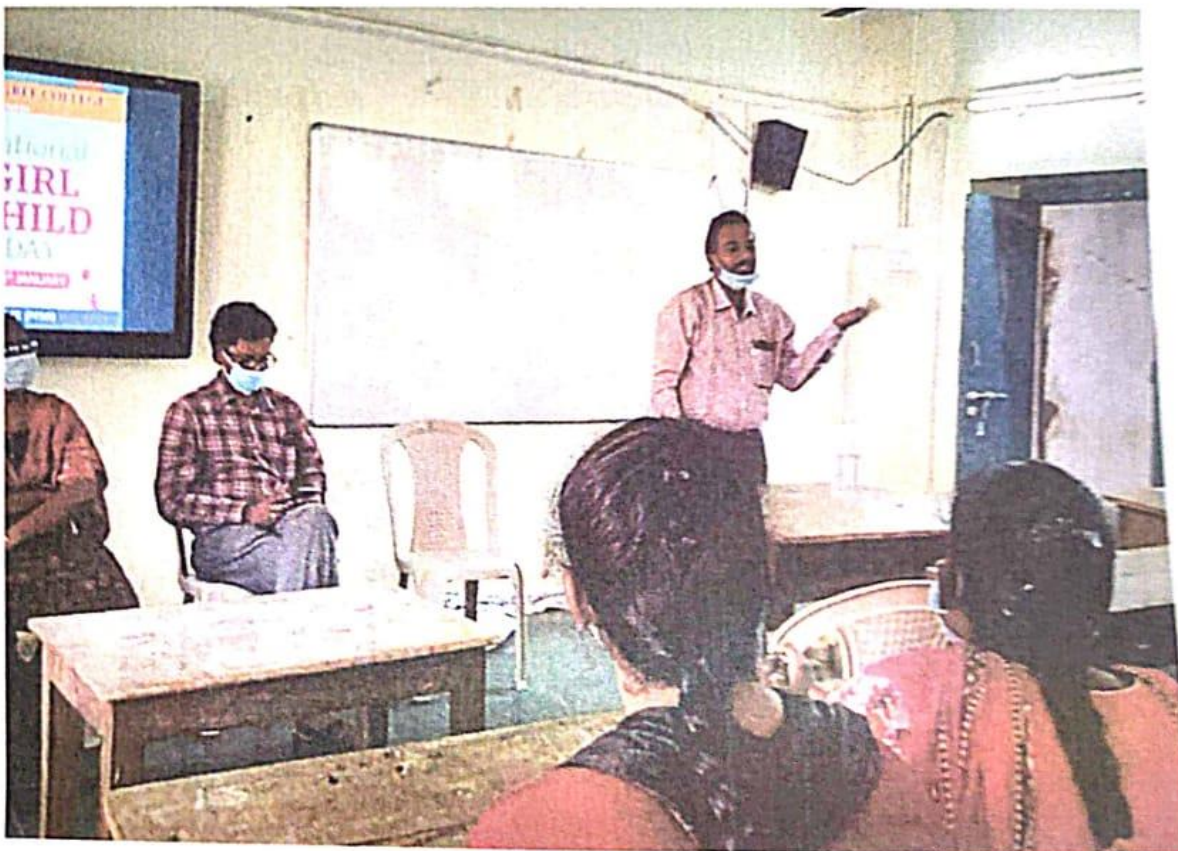
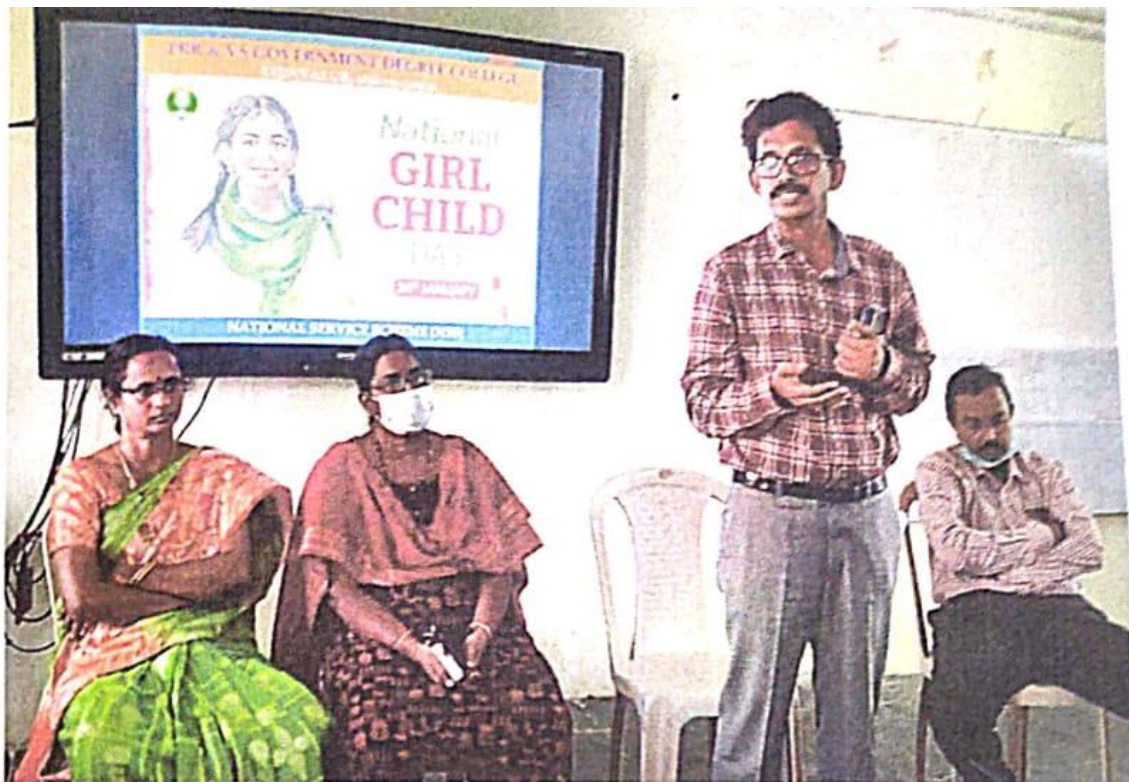


పరమపూజ్య వారాధికారి సాక్షాత్తుతుంటే
 ప్రాధికారి నామ.



నాటి కంప్యూటర్ ఆధారిత వారాధికారి
 ప్రాధికారి నామ కంప్యూటర్ కార్యక్రమం







PRR & VS GOVERNMENT COLLEGE VIDAVALUR



Yoga Training Report 2022-23



Principal Message



It gives me great pleasure to announce that our college has become venue for yoga classes under the supervision of highly experienced yoga instructor. Yoga is an invaluable gift of India's ancient tradition. It embodies unity of mind and body; thought and action; restraint and fulfillment; harmony between man and nature; a holistic approach to health and well-being. It is not about exercise but to discover the sense of oneness with yourself, the world and the nature. By changing our lifestyle and creating consciousness, it can help in well being."

Dr. B. Sujatha
Principal

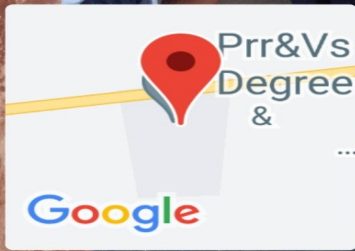
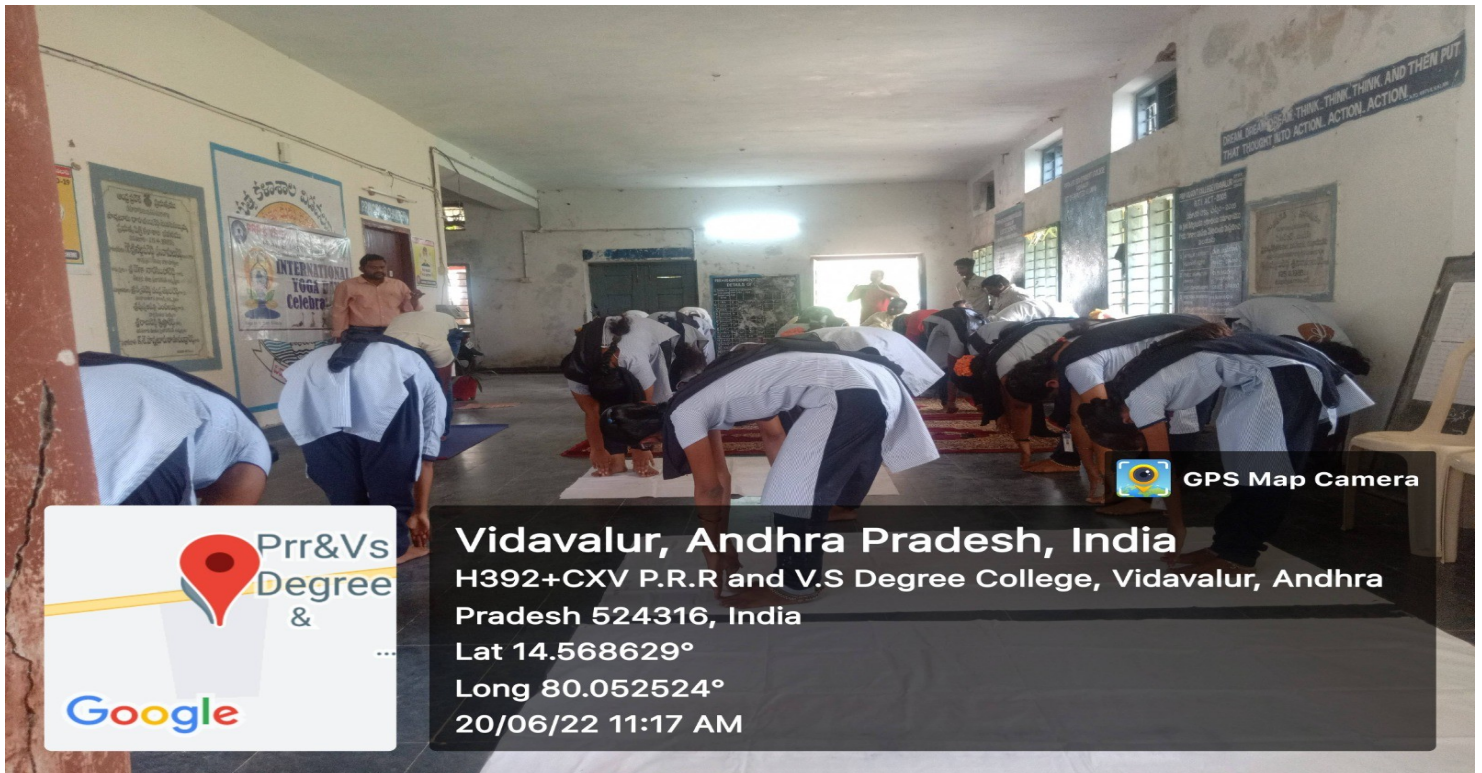


Objectives of Yoga

Yoga education helps in self discipline and self-control, leading to immense amount of awareness, concentration and higher level of consciousness. Briefly the aims and objectives of Yoga education are:

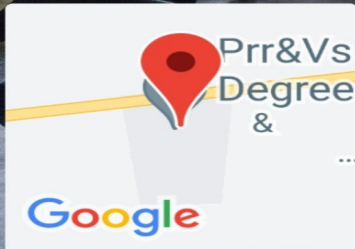
- 1) To enable the student to have good health.**
- 2) To practice mental hygiene.**
- 3) To possess emotional stability.**
- 4) To integrate moral values.**
- 5) To attain higher level of consciousness.**





Vidavalur, Andhra Pradesh, India
H392+CXV P.R.R and V.S Degree College, Vidavalur, Andhra Pradesh 524316, India
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Long 80.052524°
20/06/22 11:17 AM

**Yoga Maser—
Sri.T.SivaKoteswara Rao
Yoga Madam—
S.Sumalatha**



Vidavalur, Andhra Pradesh, India
H392+CXV P.R.R and V.S Degree College, Vidavalur, Andhra Pradesh 524316, India
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Long 80.052501°
20/06/22 11:15 AM

Acknowledgements

I express my salutations to our Principal Dr. B. Sujatha garu for her support and encouragement in organizing these yoga classes. I express my sincere thanks to Sri.T.Siva koteswara Rao garu and S.Sumalatha garu for making this event a grand success.



Smt.. P.Priyanka

PRR & VS GOVERNMENT DEGREE COLLEGE

VIDAVALUR, SPSR NELLORE – Dist., A.P.



WOMEN EMPOWERMENT CELL : 2022-2023

Name of the Activity:	GANESH CHATURTHI
Date of the Activity:	31-08-2022
Purpose of Activity:	The main objective behind the celebration of 'Ganesh Chaturthi' with Clay Ganesh idols is to awareness of environmental safety by the students.
Principal:	Dr. B Sujatha
Number of Faculty Participated:	2
Number of Students Participated:	10
Activity Organized by:	Smt. P. Priyanka, Lecturer in Political Science
Outcomes of the Event:	Students are not only assist in maintaining the safety and purity of the water. Clay idols are bio-degradable and does not pollute the water.
Brief Report about the event:	Women Empowerment cell made Clay Ganesh idols by the Students and 50 Ganesh Clay Idols were distributed to the students, Staff and people of Parlapalli village.



Students of our college Collected pure clay and preparing to make Idols



One of our Students made Clay Ganesh Idol.

Celebrating Ganesh Chaturthi in our college with clay idol.



Mr. Babu Rao, Lecturer in Commerce started the pooja to God Ganesh



Mr. Babu Rao, Lecturer in Commerce singing the sloka at Ganesh Idol.

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VIDAVALUR-524318
SPSR NELLORE DT.

Awareness on Elimination of Gender-based Violence

Date: 25th November 2022

In the academic year 2022-23, Women Empowerment Cell in collaboration with other departments conducted different activities to provide a platform for students to share their experience and tension in the Society. Women Empowerment Cell have been actively operative in the college to provide a healthy and pleasant atmosphere to the staff and students.

The first meeting of Women Empowerment Cell was held on 25th November 2022 in the Digital class room at 2.00 pm . All the women students were present and actively participated in the discussion. Dr Madhu, vice principal the president of the meeting. In this meeting P.Priyanka department of political science and Dr.Padmapriya department of Telugu express their views on the women harassment.

Awareness on Elimination of Gender-based Violence Report

On the International Day for the Elimination of Violence Against Women. The color orange is used W.E.C. of P.R.R. & U.S. Govt Degree college, awareness mobilized women students on the day of 25-November 2022.

The Speakers explored global mobilization creating a moment of urgency in preventing and responding to violence against women and girls. The momentum have been created thanks to the relentless work of grassroots activists, women's human rights defenders and survivor.

Students participated and speaks about the problems to their families in day to day life in society.

~~P. Ranga~~
Convivial.

B. S.
Principal.

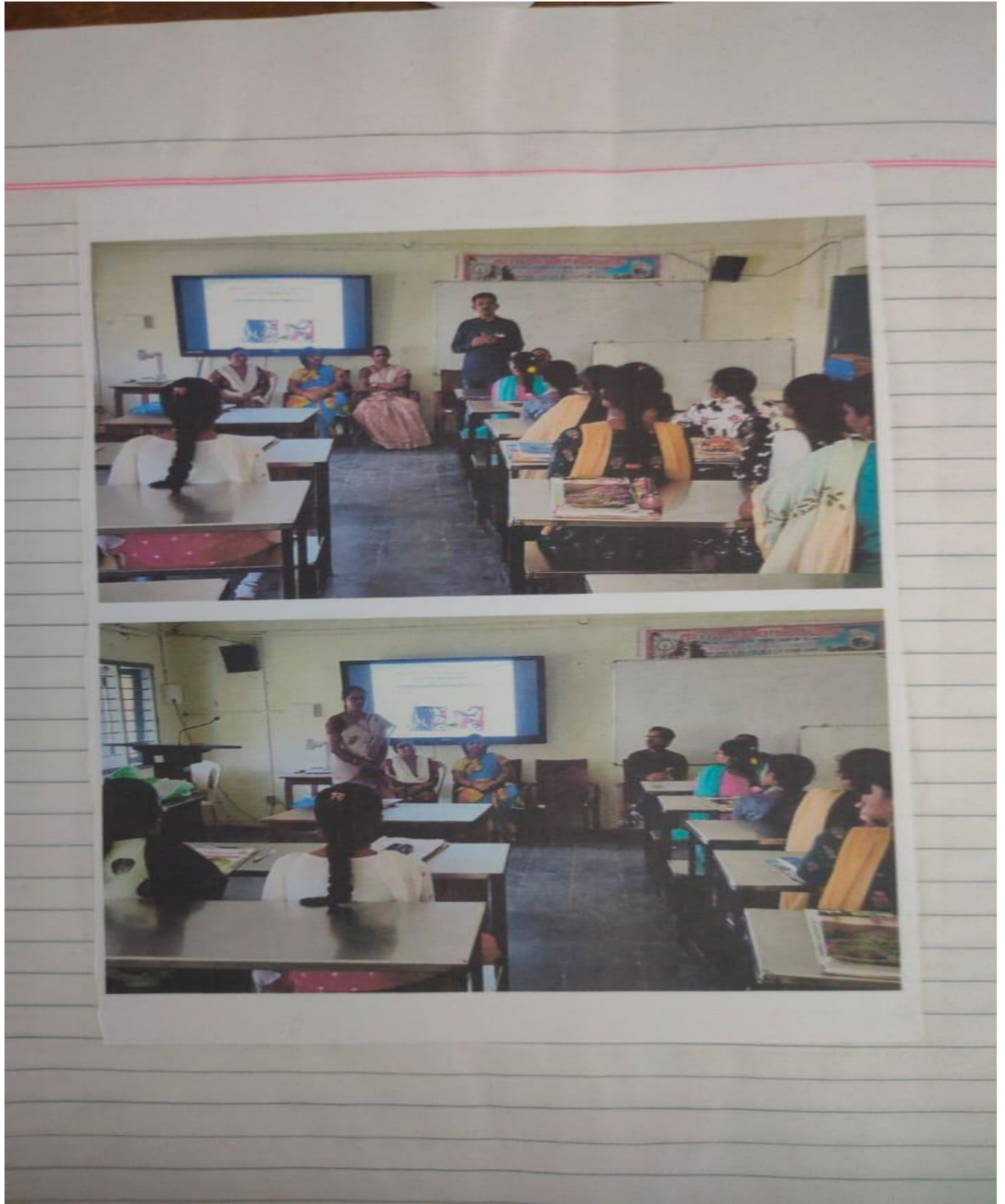
Members:

~~S. S.~~ — Dr. G. V. Lakshmi — Lec. in Maths
— D. G. Padma Pragas — Lec. in Telugu

~~H. A.~~ — Anur-dha — Social Work

~~A. S.~~ — V. Saravathi — Lec. in Computer Science





PRR & VS GOVERNMENT DEGREE COLLEGE

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DEPARTMENT OF WOMEN EMPOWERMENT CELL ACTIVITIES: 2023-2024

Name of the Activity:	INTERNATIONAL WOMEN'S DAY
Date of the Activity:	08-03-2023
Purpose of Activity:	The main objective behind the celebration of the International Women's Day is to raise awareness about discrimination and ringing attention to issues such as gender equality, reproductive rights, violence and abuse against women.
Principal:	Dr. B. Sujatha
Speakers of this occasion:	1) Dr. N Madhu, Vice-Principal 2) Dr. R. Srinivasa Rao, Lecturer in Chemistry 2) Smt. P. Priyanka, Lecturer in Political Science 3) Smt. Vara Lakshmi, Lecturer in Statistics 4) Kum. B. Hemalatha (BZC) 5) Kum Vishnu Priya (HEC)
Number of Faculty Participated:	20
Number of Students Participated:	52
Activity Organized by:	Smt. P. Priyanka, Lecturer in Political Science Smt. G. Padma Priya, Lecturer in Telugu
Outcomes of the Event:	It made students to understand that uphold <i>women's</i> achievements, recognize challenges, and focus greater attention on <i>women's</i> rights and gender. Celebrate women's achievement. Raise awareness about discrimination and importance of the social, economic, cultural, and political advancement of women.
Brief Report about the event:	Dr. B. Sujatha our Principal acted as a chief resource person. All the women students are participated in this event and made the event successful. Our Principal delivered her lecture on importance of Women's day. Some of our students give their views on the International Women's Day and participate 'Rangoli' in our campus. Finally our beloved Principal was felicitated by the staff and students.



Mrs. G. Padma Priya, Lecturer in Telugu, Addressing the gathering.



**Kum. Hemalatha, BZC, sharing her views on
International Women's Day**



Our students participate in the Rangoli and our Principal observing it.





Our students done the beautiful Rangolies.



Our beloved Principal was felicitated by the Staff and Students.

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